Mary’s Berry Soup
Recipe from Ojibewa at Bay Mills Indian Community
Offered by Gyiishk kwe ... who learned this from I recieved this from an elder that was teaching at BMCC.

Ingredients

- 4 Cups berries - such as Saskatoons, blueberries, raspberries
- 4 Cups rhubarb
- 4 Apples
- 1/2 Cups raisins
- Water to simmer
- !!NO Added Sugar!!

Directions

1. Clean Fruit
2. Chop rhubarb and apples
3. Combine four types of fruit in a large pot. Add sufficient water to simmer
4. Bring to a boil, then simmer one half hour, Please do not add sugar.
5. Cool and serve as "Berry Soup"

Note: Serves 10 - 15 people.

NOTE: Elders advise that the different types of fruit sugars enhance each other to sweeten this recipe while the rhubarb acts as the thickener.